

Empower is a community project funded through the Big Lottery Reaching Out Supporting Families Programme. Dyslexia, Autism, and Dyspraxia support, (DADS), is the lead partner. The focus of the Empower Project is:

- Support children under 12 with Autism, Dyslexia, Dyspraxia
- Support parents and the wider family circle
- To enhance confidence, create opportunities to learn together and to develop skills
- Build relationships and share best practice

Empower Project

Northern Regional College
22 Moneymore Road
Magherafelt BT45 6AE

Telephone 028 7939 5237

Email empower@nrc.ac.uk

www.empowernetwork.co.uk

Information Line 028 9581 6852

 [empowerprojectlotteryfunded](https://www.facebook.com/empowerprojectlotteryfunded)

 [empowerproject3](https://twitter.com/empowerproject3)



LOTTERY FUNDED



empower
Reaching Out
Supporting Families

Who is it for?

The project targets 4 groups:

- Parents
- Wider Family Circle
- Children & Young People under 12
- Wider Stakeholders to include health and educational professionals, schools, childcare providers and voluntary groups wishing to work with children with Autism, Dyslexia or Dyspraxia

The project commences September 2015, and is a five year project focusing on the Magherafelt and Antrim areas.

How does Empower work?

- **Provision of Training Courses** as identified by parents where support is required
- **Learner Buddy Hubs** In school and community venues working with young people to support development of Literacy/Numeracy/Social skills
- **Social Activities** for young people e.g. Club Ausome – youth club with young people with ASD, provision over school holiday periods
- **Training to Support Schools** assisting schools to access up to date training and awareness raising programmes
- **Relaxation Programmes** provision of time out for parents/carers through coffee mornings, pamper sessions, mindfulness workshops etc
- **Information Line** to support families in need of information/support
- **Partnership Working** with the statutory and community sectors

www.empowernetwork.co.uk

The Project is led by a steering Committee of the following groups:

- DADS (Dyslexia, Autism, and Dyspraxia support)
- Northern Regional College (Project Management)
- Magherafelt Learning Partnership
- Mid Ulster District Council
- Mid Ulster Volunteer Centre
- CWSAN (Cookstown & Western Shores Area Network)
- Moving Forward Together (MFT)
- Stars – Autism support group
- Education Authority
- CYPSP (Children & Young People's Strategic Partnership)

other partners may be co-opted.